

**PACKAGE LEAFLET**  
Information for the user

# IBULEVE™

## RAPID COOLING PATCH



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### 1. WHAT IBULEVE RAPID COOLING PATCH IS AND WHAT IT IS USED FOR

- Ibuleve Rapid Cooling Patch is specially designed to provide instant cooling to soothe and relieve muscular aches, pains and tension, back pain, strains and sprains.
- It is suitable for use by adults, the elderly and children over 7 years.
- Ibuleve Rapid Cooling Patch is a non-medicated, advanced cataplastic hydro-gel patch incorporating a highly water-absorbing polymer that provides immediate cooling relief by a process of evaporative cooling.
- It works without refrigeration.
- A single patch can work for up to 3 hours.

### 2. BEFORE YOU USE IBULEVE RAPID COOLING PATCH

Do not use Ibuleve Rapid Cooling Patch in cases of allergy (hypersensitivity) to the patch.

#### Take the following precautions when using this product:

- Make sure that the skin on the application site is clean and dry before applying Ibuleve Rapid Cooling Patch and avoid contact with hair or clothing, otherwise the patch may not stick very well.

- Do not use on or near the eyes. Contact with the eyes, nostrils or mouth may cause irritation, in which case remove the patch and wash the affected area.
- Do not apply to skin that is broken or irritated.
- This product is not recommended for infants and use in children should be supervised.
- If your symptoms persist, discuss this with your doctor or pharmacist.

#### Using other medicines

Ibuleve Rapid Cooling Patch may be used at the same time as medicines, including pain killers, taken by mouth. Do not apply the patch on top of any topical medication.

#### Pregnancy and breast-feeding

You can use this product if you are pregnant or breast-feeding. The ingredients have been in widespread use in this and similar preparations for many years, without significant adverse reports. However, safety trials have not been conducted.

### 3. HOW TO USE IBULEVE RAPID COOLING PATCH

For adults, the elderly and children.

Use in children should be supervised:

- Open the resealable laminate sachet by carefully cutting or tearing it where indicated along the top edge.
- Remove one Ibuleve Rapid Cooling Patch, then fold the top of the sachet twice to reseal it. This is important to prevent the remaining patch from drying out.
- Remove and discard the transparent film from the back of the patch.

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- After ensuring the skin on application site is dry, apply the sticky side of the patch to the affected area. The cooling effect will be felt rapidly after application and will last for up to 3 hours.
- Use each patch for as long as needed, then remove and discard with the normal household waste.
- For best results use each patch only once.
- It is generally a good idea to wash hands after applying or removing the patch.

#### **If you use this product too often**

Although there is no specific limitation to how often and for how long this product can be used, excessive use may lead to skin irritation at the application site. If irritation occurs, apply the patch less frequently or for shorter periods or, in more severe cases, discontinue use.

#### **4. POSSIBLE SIDE EFFECTS**

Like other treatments, Ibuleve Rapid Cooling Patch can occasionally cause side effects, although not everybody gets them. Faint skin redness can occur, and in rare cases the cooling sensation can initially feel intense.

In rare cases if used near the face, the natural ingredients' vapours may cause temporary, mild watering of the eyes.

Very rarely, individuals may also be sensitive to ingredients used in the cooling patches, and may experience allergic reactions such as itching, swelling and redness. If any side effect becomes unacceptable, remove the patch and wash the affected area.

Stop using this product and tell your doctor or pharmacist if any side effect gets serious, if you are worried about any side effect, or if you notice any other side effect not mentioned in this leaflet.


#### **5. HOW TO STORE IBULEVE RAPID COOLING PATCH**

- Keep the product out of the sight and reach of children (including when it is discarded).
- Store in a cool, dry place.
- Always reseal any opened sachet by folding the top of the sachet twice. This will prevent the remaining patch from drying out.
- Do not freeze or refrigerate.
- Do not use after the use by date shown on the carton and sachets. This date refers to the last day of the month.

#### **6. FURTHER INFORMATION**

The product is an adhesive patch measuring 8 x 10 cm comprising a transparent pale blue, flexible, semi-solid gel on a supporting sheet with a removable plastic film.

The product is presented in packs of 4 patches in laminate sachets (2 patches per sachet).

Ibuleve Rapid Cooling Patch is distributed by DDD Limited, 94 Rickmansworth Road, Watford, Herts, WD18 7JJ, for the manufacturer:  Diomed Developments Limited, Tatmore Place, Gosmore, Hitchin, Herts, SG4 7QR.

Ibuleve is a trademark.

Made in China.

**This leaflet was last approved in November 2014**



Consult Instructions for Use



Batch Code



Use-by Date



Manufacturer



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